

**Dr. Paul Williams @LRDC  
10001 Lile Drive  
Little Rock AR 72205  
501-227-8000**

## **INSTRUCTIONS FOR EGD**

**\*\*IF YOU HAVE A LIVING WILL OR ADVANCE DIRECTIVE PLEASE BRING A COPY WITH YOU TO THE APPOINTMENT\*\***

- **Stay off all blood thinning medications 5 days before the procedure.** This includes: **Coumadin, Warfarin, Plavix, Aspirin, Ibuprofen, Aleve, Celebrex, Salsalate, Iron and Vitamin E.**
- **Do not eat or drink anything after midnight the night before your procedure.**
- If you take **heart, blood pressure or seizure medication, you may take those with just a small sip of water the morning of your test.** Any other medications we would like you to hold until after your test.
- **ALL PATIENTS MUST BRING A DRIVER.** All patients will be sedated and if no one comes with you to drive you home the procedure **cannot** be performed and will be rescheduled. The person that accompanies you is **required** to stay at LRDC during the procedure. **No public transportation is allowed** this includes taxis, Medicaid transportation and public transportation.
- **For your safety, DO NOT drive for eight hours after your procedure**
- **Wear comfortable clothing-** try to wear a shirt that does not come up around your neck.
- **Call Stephanie with any questions or concerns at 501-221-5851**
- If there is a question before 8:00 am in the day of your test, please call the Endoscopy front desk at **501-221-5845**.