

COLONOSCOPY INSTRUCTIONS

YOU MUST BRING A DRIVER WITH YOU!! You will be sedated for the procedure. If no one comes with you or checks you in and out, the procedure will be cancelled and rescheduled. **NO PUBLIC TRANSPORTATION IS ALLOWED!!**

Your body loses significant amounts of fluids during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. Make a conscious effort to drink as much as you can before, during and after the preparation.

FIVE days before the procedure **DO NOT TAKE THE FOLLOWING:** warfarin (Coumadin), lovenox, Plavix or any other kind of blood thinning medication.

DO NOT EAT ANY SOLID FOODS THE DAY BEFORE THE TEST!!!! This is the day you will be prepping and cleaning out the colon. **NOTHING BY MOUTH AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**

CLEAR LIQUIDS INCLUDE: anything you can see through. **AVOID RED OR PURPLE LIQUIDS!!!!** Water, Gatorade, clear fruit juice (without pulp), black coffee (can add coffee), sweet/unsweet tea, soft drinks, kool-aid, popsicles, jell-o, and bouillon cubes dissolved in water. **NO MILK OR FRUIT JUICES WITH PULP!!!**

Wear comfortable clothing and please leave all valuables and large amounts of money at home. You **MAY** take your blood pressure medication with a small sip of water the day of the procedure, all other medications need to be held until after the procedure. If diabetic, please monitor blood sugar throughout preparation.

Any questions, please call Lindsey at 501-223-4522 or 501-221-5845 before 8am

*****If you have a living will or advance directive please bring a copy with you to the appointment*****

Your procedure will be performed by Doctor: _____

Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

SUPREP[®] BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate)
Oral Solution

(17.5g/3.13g/1.6g) per 6 ounces



On the day before your procedure...

SUPREP Bowel Prep Kit is a split-dose (2-day) regimen. Both 6-ounce bottles are required for a complete prep.

What You CANNOT do:

- DO NOT drink milk
- DO NOT eat or drink anything colored red or purple
- DO NOT drink alcoholic beverages

Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping (NO RED OR PURPLE)

Note:

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit, call your doctor

FIRST DOSE: Begin Step 1 at **2** PM the evening before your procedure and proceed as shown below:

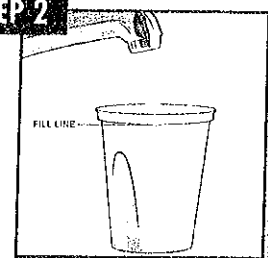
You must complete Steps 1 through 4 using one (1) 6-ounce bottle before going to bed:

STEP 1



Pour **ONE (1)** 6-ounce bottle of SUPREP liquid into the mixing container.

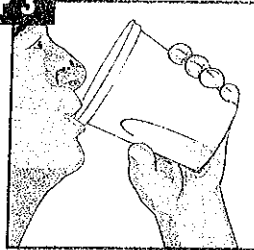
STEP 2



Add cool drinking water to the 16-ounce line on the container and mix.

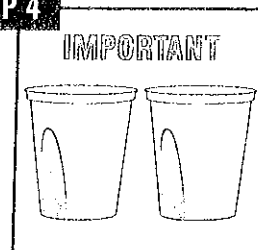
NOTE: Dilute the solution concentrate as directed prior to use.

STEP 3



Drink **ALL** the liquid in the container.

STEP 4



You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

SECOND DOSE: Begin Step 1 at **7pm** proceed as shown above:

For this dose, repeat Steps 1 through 4 shown above using the other 6-ounce bottle.

NOTE: You **must** finish drinking the final glass of water at least 2 hours, or as directed, before your colonoscopy.

To learn more about this product, please call 1-800-874-6756 or visit our Web site at www.suprepkit.com

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