

**Dr David McElreath @ LRDC**  
**10001 Lile Drive Little Rock, AR 72205**  
**501-227-8000**

**\*\*\*IF YOU HAVE A LIVING WILL OR ADVANCE DIRECTIVE PLEASE BRING A COPY WITH YOU TO THIS APPOINTMENT\*\*\***

## **INSTRUCTIONS FOR EGD**

- ❖ **Stay off all prescription blood thinning medications for 5 days before the procedure: This includes Coumadin, Warfarin, Plavix, Pradaxa, Effient, Xarelto**
- ❖ **Do not eat or drink anything after midnight the night before your procedure.**
- ❖ **If you take heart, blood pressure or seizure medication, you make take those with just a small sip of water the morning of your test. Any other meds we would like for you to leave off until after your test.**
- ❖ **For your safety, DO NOT drive for eight hours after your procedure.**
- ❖ **Wear comfortable clothing - try to wear a shirt that does not come up around your neck. YOU MUST BRING A DRIVER WITH YOU.** All patients will be sedated & if no one comes with you to drive you home the procedure **WILL NOT** be done & you will be re-scheduled for a later date. The person that comes with you is **REQUIRED** to stay at LRDC during the procedure.
- ❖ **PUBLIC TRANSPORTATION** (- this includes taxis, Medicaid transportation and/or public transportation) is allowed **ONLY** if you have a friend, family member or paid health-care worker
- ❖ **Call Bridgett with any questions or concerns at 501-320-1668.**
- ❖ **If there is a question before 8:00am on the day of your test, please call the Endoscopy front desk at 501-221-5845.**