

EGD Prep

- ❖ Stay off of all blood thinning medications for 5 days before your procedure. This includes Coumadin, Warfarin, Plavix, ibuprofen, Aleve, Celebrex, Salsalate, iron, and vitamin E.
 - ❖ Do not eat or drink anything after midnight the night before your procedure.
- ❖ If you take heart, blood pressure, or seizure medication in the morning, you may take those with a small sip of water (just enough to get the medicine down) the morning of your exam. Any other medications, we would prefer for you to wait to take until after your procedure.
- ❖ You MUST have a driver. You will be sedated and if your driver is not present the procedure cannot be performed. It will have to be rescheduled. Your driver is required to stay at LRDC during your procedure. No public transportation is allowed. This includes taxis, Medicaid transportation, and public transit.
 - ❖ For your safety, please do not drive for eight hours following your procedure.
 - ❖ Wear comfortable clothing. Try to wear a shirt that does not cover your neck.

If you have any questions or concerns please call Dr. Hughes' nurse, Bethany, at (501) 221-5881.

If you have any questions before 8:00 am, please call the Endoscopy front desk at (501) 221-5945.